

2-day Voiding Diary: Day 2 (Daytime)

(do not register nighttime voiding and the first voiding after waking up)

Enforced Fluid Intake

(at least 3500 ml in the summer, at least 3000 ml in the winter)

	Voiding time	Urine portion (ml)
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		
21.		
22.		
23.		
24.		
25.		
Total amount of urine during the measured period:		ml
Average urine portion (total amount / number of voiding):		ml

Name: Date